

IS IT AN EMERGENCY?



- *When should I go to my primary care doctor?*
- *When should I go to an urgent care center?*
- *When should I go to the emergency room?*

Andrew is a healthy college athlete. On Thursday, he felt tired, achy and had nasal congestion. Friday afternoon, he developed a fever and sore throat. He wants to go to his primary care doctor the office is now closed. He calls the Nurse Advice Line for guidance, the nurse tells him to go to an Urgent Care Center to receive medical care treatment because it looks like he has strep throat and it can be contagious for his roommates. Andrew receives medication treatment for strep throat and the doctor at the Urgent Care Center tells him to follow up with his regular doctor on Monday to make sure he is doing better.

When should I go to my **PRIMARY CARE DOCTOR?**

If you are sick, but it is not life threatening, you should call your doctor and ask for an appointment. For example, you might have a:

- Bad cough
- Ear infection
- Sore throat

When should I go to an **URGENT CARE CENTER?**

If you need care soon, usually within 24 hours or as soon as possible, call your doctor. If your doctor is not available, call your plan's Nurse Advice Line and they will guide you on what to do next. If you cannot call, go to the nearest urgent care center.

When should I go to the **EMERGENCY ROOM?**

If you need care right away because you reasonably believe your health is in serious danger go to the nearest emergency room or call 9-1-1. Emergency rooms treat illnesses or injuries that are life threatening or may cause serious damage if not treated right away. For example:

- Broken bones
- Chest pain
- Severe burns and cuts
- Trouble breathing

Avoid the long lines at the emergency room and urgent care center!

If you are enrolled in Medi-Cal or a Covered California plan, find help by calling your plan's Nurse Advice Line.

- › Anthem Blue Cross: 1-800-224-0336
- › Blue Shield of CA: 1-877-304-0504
- › Health Net: 1-800-675-6110
- › Kaiser Permanente: 1-888-576-6225
- › Kern Family Health Care: 1-800-391-2000

COMMUNITY HEALTH INITIATIVE
of Kern County



Connect with us! We can assist you in any problem or question you may have in regards to your health coverage.

 661.632.5018

 CoveredKernCounty.org

 2215 Truxtun Ave, Bakersfield

 @CHlofKernCounty

Urgent Care Centers covered by Medi-Cal

It is important that you become familiar with Urgent Care Centers near your home and that are covered by your health plan. This will help you know where to go in case you need to visit an Urgent Care Center. Verify that the provider you choose accepts your health plan. To access the online directories visit the websites.

Health Net - www.healthnet.com

Kern Family Health Care - www.kernfamilyhealthcare.com

Provider Name	Address	City	Zip	Phone Number	Office Hours	Health Plan
Memorial Urgent Care	3838 San Dimas St #100-B	Bakersfield	93301	(661) 326-0088	Sun-Sat 7:00am-7:00pm	Health Net
Universal Urgent Care	2121 Niles Street	Bakersfield	93305	(661) 302-4886	Mon-Fri 8:00am-9:00pm Sat 9:00am-9:00pm	Health Net
Niles Children's Clinic	6055 Niles Street	Bakersfield	93306	(661) 363-0436	Mon-Sat 8:30am-6:00pm	Health Net
Northeast Walk-In Center	2601 Oswell Street #101	Bakersfield	93306	(661) 616-5810	Mon-Fri 5:30pm-8:30pm	Health Net
Proximity MD Urgent Care	3409 Calloway Drive #101	Bakersfield	93312	(661) 829-7050	Mon-Fri 8:00am-9:00pm Sat-Sun 8:00am-8:00pm	Health Net
Delano Urgent Care	1201 Jefferson Street	Delano	93215	(661) 725-2579	Mon-Fri 8:00am-10:00pm Sat-Sun 8:00am-6:00pm	Health Net
Accelerated Urgent Care	2400 K Street	Bakersfield	93301	(661) 829-6747	Sun-Sat 8:00am-9:00pm	Kern Family Health Care
Vernon Sorenson Urgent Care	3838 San Dimas St #B-121	Bakersfield	93301	(661) 326-8985	Sun-Sat 7:00am-7:00pm	Kern Family Health Care
Accelerated Urgent Care	2251 Mount Vernon Avenue	Bakersfield	93306	(661) 624-0404	Sun-Sat 8:00am-9:00pm	Kern Family Health Care
Priority Urgent Care	2509 Mount Vernon Avenue	Bakersfield	93306	(661) 556-4777	Mon-Fri 8:00am-8:00pm Sat-Sun 8:00am-5:00pm	Kern Family Health Care
Sillect Urgent Care	4500 Morning Drive #101	Bakersfield	93306	(661) 371-3275	Sun-Sat 8:00am-8:00pm	Kern Family Health Care
Premier Urgent Care	901 Olive Drive	Bakersfield	93308	(661) 735-8875	Sun-Sat 8:00am-12:00am	Kern Family Health Care
Accelerated Urgent Care	212 Coffee Road #100	Bakersfield	93309	(661) 829-6937	Sun-Sat 8:00am-9:00pm	Kern Family Health Care
Accelerated Urgent Care	4871 White Lane	Bakersfield	93309	(661) 832-1679	Sun-Sat 8:00am-12:00am	Kern Family Health Care
Premier Urgent Care	5401 White Lane	Bakersfield	93309	(661) 396-7100	Sun-Sat 8:00am-8:00pm	Kern Family Health Care
Accelerated Urgent Care	9917 Olive Drive	Bakersfield	93312	(661) 829-6747	Sun-Sat 8:00am-8:00pm	Kern Family Health Care
1st Choice Urgent Care	6515 Panama Lane #106-107	Bakersfield	93313	(661) 735-3041	Sun-Sat 8:00am-9:00pm	Kern Family Health Care
Priority Urgent Care	4821 Panama Lane #A-C	Bakersfield	93313	(661) 556-4777	Mon-Fri 8:00am-8:00pm Sat-Sun 8:00am-5:00pm	Kern Family Health Care
APEX	501 Munzer Street #A	Shafter	93263	(661) 429-2739	Mon-Fri 8:00am-8:00pm Sat 9:00am-5:00pm Sun 9:00am-3:00pm	Kern Family Health Care
Universal Urgent Care	2121 Niles Street	Bakersfield	93305	(661) 325-1255	Sun-Sat 8:00am-8:00pm	Both Health Plans
Universal Urgent Care	2728 Ming Avenue	Bakersfield	93309	(661) 885-9900	Sun-Sat 8:00am-8:00pm	Both Health Plans
Sendas Northwest Urgent Care	9450 Ming Avenue	Bakersfield	93311	(661) 587-2500	Mon-Fri 8:00am-8:00pm Sat-Sun 8:00am-5:00pm	Both Health Plans
Universal Urgent Care	8325 Brimhall Road #100	Bakersfield	93312	(661) 679-6720	Sun-Sat 8:00am-8:00pm	Both Health Plans
Pedi-Center Urgent Care	6640 Wible Road	Bakersfield	93313	(661) 410-9500	Sun-Sat 9:00am-9:00pm	Both Health Plans
West Side Urgent Care	100 East North Street	Taft	93268	(661) 765-1935	Mon-Fri 8:00am-9:00pm Sat-Sun 10:00am-9:00pm	Both Health Plans