

# IS IT AN EMERGENCY?



- *When should I go to my primary care doctor?*
- *When should I go to an urgent care center?*
- *When should I go to the emergency room?*

Andrew is a healthy college athlete. On Thursday, he felt tired, achy and had nasal congestion. Friday afternoon, he developed a fever and sore throat. He wants to go to his primary care doctor the office is now closed. He calls the Nurse Advice Line for guidance, the nurse tells him to go to an Urgent Care Center to receive medical care treatment because it looks like he has strep throat and it can be contagious for his roommates. Andrew receives medication treatment for strep throat and the doctor at the Urgent Care Center tells him to follow up with his regular doctor on Monday to make sure he is doing better.

## When should I go to my **PRIMARY CARE DOCTOR?**

If you are sick, but it is not life threatening, you should call your doctor and ask for an appointment. For example, you might have a:

- Bad cough
- Ear infection
- Sore throat

## When should I go to an **URGENT CARE CENTER?**

If you need care soon, usually within 24 hours or as soon as possible, call your doctor. If your doctor is not available, call your plan's Nurse Advice Line and they will guide you on what to do next. If you cannot call, go to the nearest urgent care center.

## When should I go to the **EMERGENCY ROOM?**

If you need care right away because you reasonably believe your health is in serious danger go to the nearest emergency room or call 9-1-1. Emergency rooms treat illnesses or injuries that are life threatening or may cause serious damage if not treated right away. For example:

- Broken bones
- Chest pain
- Severe burns and cuts
- Trouble breathing

**Avoid the long lines at the emergency room and urgent care center!** If you are enrolled in Medi-Cal or a Covered California plan, find help by calling your plan's Nurse Advice Line.

- › Blue Shield of CA: 1-877-304-0504
- › Health Net: 1-800-675-6110
- › Kaiser Permanente: 1-888-576-6225
- › Kern Family Health Care: 1-800-391-2000



**Connect with us!** We can assist you in any problem or question you may have in regards to your health coverage.

 661.632.5018

 CoveredKernCounty.org

 2215 Truxtun Ave, Bakersfield

 @CHlofKernCounty

# Urgent Care Centers covered by Medi-Cal

It is important that you become familiar with Urgent Care Centers near your home and that are covered by your health plan. This will help you know where to go in case you need to visit an Urgent Care Center.

Urgent Care Centers accepting **HEALTH NET:** For more information on health providers, access the online directory at [www.healthnet.com](http://www.healthnet.com)

Urgent Care Center	Address	City	Zip Code	Telephone	Office Hours
<b>Northeast Walk-in Center</b>	2601 Oswell St, Suite 101	Bakersfield	93306	661-616-5810	Monday - Friday 5:30pm - 8:30pm
<b>Premier Urgent Care of Central CA</b>	901 Olive Dr	Bakersfield	93308	661-215-7551	Monday - Sunday 8:00am - 11:00pm
<b>Pedi Center (0-18 years)</b>	9900 Stockdale Hwy, Suite 105	Bakersfield	93311	661-410-9500	Monday - Sunday 9:00am - 9:00pm
<b>Proximity MD Urgent Care</b>	3409 Calloway Dr, Suite 101	Bakersfield	93312	661-829-7050	Monday - Friday: 8:00am - 9:00pm Saturday - Sunday: 8:00am - 8:00pm
<b>Delano Prompt Care Clinic</b>	1201 Jefferson St	Delano	93215	661-725-2579	Monday - Friday: 12:00pm - 10:00pm Saturday - Sunday: 9:00am - 6:00pm

Urgent Care Centers accepting **KERN FAMILY HEALTH CARE:** For more information on health providers, access the online directory at [www.kernfamilyhealthcare.com](http://www.kernfamilyhealthcare.com)

Urgent Care Center	Address	City	Zip Code	Telephone	Office Hours
<b>Accelerated Urgent Care</b>	2400 K St	Bakersfield	93301	661-899-9909	Monday - Sunday: 8:00am - 9:00pm CLOSED from 1:00pm - 2:30pm
<b>Sillect Urgent Care</b>	4500 Morning Dr, Suite 101	Bakersfield	93306	661-371-3275	Monday - Sunday 8:00am - 8:00pm
<b>Accelerated Urgent Care</b>	4871 White Ln	Bakersfield	93309	661-832-1679	Monday - Sunday 8:00am - 9:00pm
<b>Premier Urgent Care of Central CA</b>	5401 White Ln	Bakersfield	93309	661-397-7100	Monday - Sunday 8:00am - 8:00pm
<b>Accelerated Urgent Care</b>	9500 Stockdale Hwy, Suite 100	Bakersfield	93311	661-735-3943	Monday - Sunday 8:00am - 9:00pm
<b>Accelerated Urgent Care</b>	9917 Olive Dr	Bakersfield	93312	661-695-9656	Monday - Sunday 8:00am - 8:00pm
<b>1<sup>st</sup> Choice Urgent Care</b>	6515 Panama Ln, Suite 106-107	Bakersfield	93313	661-735-3041	Monday - Sunday 8:00am - 9:00pm
<b>Priority Urgent Care</b>	4821 Panama Ln, Suite A-C	Bakersfield	93313	661-556-4777	Monday - Friday: 8:00am - 8:00pm Saturday - Sunday: 8:00am - 5:00pm
<b>Shafter Urgent Care</b>	501 Munzer St, Suite A	Shafter	93263	661-429-2739	Monday - Friday: 8:00am - 8:00pm Saturday: 9:00am - 5:00pm Sunday: 9:00am - 3:00pm

Urgent Care Centers accepting **HEALTH NET and KERN FAMILY HEALTH CARE:**

Urgent Care Center	Address	City	Zip Code	Telephone	Office Hours
<b>Vernon Sorenson Urgent Care</b>	3838 San Dimas St, Suite 121	Bakersfield	93301	661-326-8985	Monday - Sunday 7:00am - 7:00pm
<b>Universal Urgent Care</b>	2728 Ming Ave	Bakersfield	93304	661-855-9900	Monday - Sunday 8:00am - 8:00pm
<b>Universal Urgent Care</b>	2121 Niles St	Bakersfield	93305	661-325-1255	Monday - Saturday: 8:00am - 8:00pm Sunday: 9:00am - 6:00pm
<b>Priority Urgent Care</b>	611 Airport Dr	Bakersfield	93308	661-556-4777	Monday - Sunday 9:00am - 9:00pm
<b>Sendas Northwest Urgent Care</b>	9450 Ming Ave	Bakersfield	93311	661-587-2500	Monday - Friday: 8:00am - 8:00pm Saturday - Sunday: 8:00am - 5:00pm
<b>Universal Urgent Care</b>	8325 Brimhall Rd, Suite 100	Bakersfield	93312	661-679-6720	Monday - Saturday: 8:00am - 8:00pm Sunday: 9:00am - 6:00pm
<b>West Side Urgent Care</b>	100 E. North St	Taft	93268	661-765-1935	Monday - Friday: 8:00am - 9:00pm Saturday - Sunday: 10:00am - 9:00pm