



**Yes!**  
**Medi-Cal**  
**covers it.**

## MENTAL HEALTH SERVICES

### **Mental Health is NOT a shame!**

*Have you ever felt guilty for getting...*

*...a cold? • a headache? • allergies?*

Mental health is just as important as physical health. Mental health problems can make everyday life difficult, you should not feel guilty for seeking help. Anxiety is the most common mental health illness in the United States and it is highly treatable, yet only 1 in 3 people are receiving treatment. It is okay to ask for help, we all need it at some point!



Medi-Cal offers a wide variety of mental health services through the Kern County Mental Health Department. Check the back of this flyer to see all the mental health services that are offered.

The Community Health Initiative of Kern County can help you apply for coverage, find a provider, explain covered services or answer any question you may have about your Medi-Cal coverage.

### **How do I access mental health services?**

- 1** **You can automatically access mental health services** if you have a health plan under Medi-Cal.
- 2** **Get an assessment.** You can get an evaluation by visiting the Mental Health Assessment Center, by calling the 24-hour crisis line at (800) 991-5272 or asking your doctor for a referral.
- 3** **Check the list on the back for providers.** Make sure to ask if they continue to accept Medi-Cal to ensure that you are not billed incorrectly for services.

### **Connect with us:**

 661.632.5018  [CoveredKernCounty.org](http://CoveredKernCounty.org)  2215 Truxtun Ave., Bakersfield     @CHlofKernCounty







# Mental Health Provider Directory

## Medi-Cal Beneficiaries

Kern County Behavioral Health and Recovery Services require an assessment to identify the necessary services before receiving any treatment. You can get an evaluation at the **Kern County Mental Health - Assessment Center located in 2151 College Ave, Bakersfield, CA 93305** or by calling the crisis line at **(800) 991-5272** or **(661) 868-8111**. Some primary doctors can also give you a referral to receive mental health services.

### \*TYPE OF SERVICES:

 ADULT SERVICES	 CHILDREN'S SERVICES	 CRISIS SERVICES	 SUBSTANCE USE TREATMENT
<ul style="list-style-type: none"> <li>Individual, group and family counseling</li> <li>Rehabilitation and recovery services</li> <li>Medication</li> <li>Variety of diagnostic and advocacy services</li> <li>Access to needed resources</li> </ul>	<ul style="list-style-type: none"> <li>Individual, group and family counseling</li> <li>Social skills group</li> <li>Individual/group rehabilitation services</li> <li>Screening / Determination of treatment priority</li> <li>Assessment</li> <li>Psychiatric services</li> <li>Medication management and support</li> <li>Psychological testing</li> <li>Psychoeducation</li> <li>Targeted case management</li> </ul>	<p><b>DURING A CRISIS</b> If you or someone you care about is experiencing a mental health crisis:</p> <ul style="list-style-type: none"> <li>Call 911 if the situation is a life-threatening emergency.</li> <li>Call the Mental Health Hotline at (800) 991-5272 (24 hours/7 days).</li> <li>Visit the Psychiatric Evaluation Center/Crisis Stabilization Unit (PEC/CSU) located at the Mary K. Shell Mental Health Center in 2151 College Ave, Bakersfield, CA 93305.</li> </ul>	<p>Contact the <b>GATE Team</b> at (661) 868-6473 if you are not sure where to begin.</p> <p>Treatment priority is given to pregnant and/or parenting clients.</p>

NAME	ADDRESS	CITY	ZIP CODE	PHONE	TYPE OF SERVICES*			
								
TAASK	525 BEAR MOUNTAIN BLVD	ARVIN	93203	(661) 322-8862				✓
AEGIS TREATMENT CENTER	1018 21ST ST	BAKERSFIELD	93301	(661) 861-9967				✓
AEGIS TREATMENT CENTER	501 W. COLUMBUS ST	BAKERSFIELD	93301	(661) 328-0245				✓
GATE TEAM	1415 TRUXTUN AVE, STE 401	BAKERSFIELD	93301	(661) 868-6453	✓			
KCMH CAWORKS	1401 L ST	BAKERSFIELD	93301	(661) 868-6141				✓
TAASK	324 OAK ST, STE E	BAKERSFIELD	93304	(661) 871-3353				✓
BAKERSFIELD RECOVERY SERVICES	504 BERNARD ST	BAKERSFIELD	93305	(661) 325-1817				✓
COMMUNITY SERVICES ORG	1124 BAKER ST	BAKERSFIELD	93305	(661) 327-9376				✓
MARY K. SHELL MENTAL HEALTH	2151 COLLEGE AVE	BAKERSFIELD	93305	(661) 868-8080	✓	✓	✓	✓
CRISIS CASE MANAGEMENT/OUTREACH, ADULT WRAPAROUND, FREISE HOPE HOUSE LIAISONS	3715 COLUMBUS ST	BAKERSFIELD	93306	(661) 868-7151	✓		✓	✓
KCMH EAST BAKERSFIELD CHILDREN'S OUTPATIENT	2621 OSWELL ST	BAKERSFIELD	93306	(661) 868-6750		✓		
NORTHEAST BRIEF THERAPY CLINIC	3715 COLUMBUS ST	BAKERSFIELD	93306	(661) 868-7199	✓			
STEPS	3533 MT. VERNON AVE	BAKERSFIELD	93306	(661) 871-3353				✓
AMERICAN HEALTH SERVICES	1010 S. UNION AVE	BAKERSFIELD	93307	(661) 321-0234				✓
CSV - BEHAVIORAL HEALTH CENTER	1400 S. UNION AVE	BAKERSFIELD	93307	(661) 397-8775		✓		
CSV - EBONY COUNSELING	1400 S. UNION AVE, STE 100	BAKERSFIELD	93307	(661) 324-4756				✓
SOUTH EAST BAKERSFIELD ADULT RECOVERY AND WELLNESS CENTER	1600 E. BELLE TERRACE	BAKERSFIELD	93307	(661) 635-2950	✓			
HENRIETTA WEILL MEMORIAL CHILD GUIDANCE	2001 N. CHESTER AVE	BAKERSFIELD	93308	(661) 393-5836		✓		
NORTH BAKERSFIELD RECOVERY AND WELLNESS CENTER, KERN LINKAGE PROGRAM	2525 N. CHESTER AVE	BAKERSFIELD	93308	(661) 868-8200	✓		✓	✓
HENRIETTA WEILL MEMORIAL CHILD GUIDANCE	3628 STOCKDALE HWY	BAKERSFIELD	93309	(661) 322-1021		✓		
KERN COUNTY HISPANIC COMMISION	1400 EASTON DR, STE 151	BAKERSFIELD	93309	(661) 634-9877				✓
KERN COUNTY MENTAL HEALTH - STOCKDALE	5121 STOCKDALE HWY	BAKERSFIELD	93309	(661) 868-5066	✓		✓	✓
STEPS	3400 CALLOWAY DR	BAKERSFIELD	93312	(661) 871-3353				✓
AEGIS TREATMENT CENTER	1019 JEFFERSON ST	DELANO	93215	(661) 721-0463				✓
CLINICA SIERRA VISTA (CSV)	828 HIGH ST	DELANO	93215	(661) 725-2788	✓			✓
HENRIETTA WEILL MEMORIAL CHILD GUIDANCE	1430 6TH AVE	DELANO	93215	(661) 725-1042		✓		
TAASK	623 MAIN ST	DELANO	93215	(661) 322-6682				✓
CSV - BEHAVIORAL HEALTH CENTER	3717 MT. PINOS WAY	FRAZIER PARK	93225	(661) 245-0250	✓	✓		
COLLEGE COMMUNITY SERVICES	2731 NUGGET AVE	LAKE ISABELLA	93240	(760) 379-3412	✓	✓		✓
CLINICA SIERRA VISTA (CSV)	8787 HALL RD	LAMONT	93241	(661) 845-3717	✓			
COMMUNITY SERVICES ORG	10424 MAIN ST	LAMONT	93241	(661) 845-3753				✓
CSV - BEHAVIORAL HEALTH CENTER	7839 BURGUNDY AVE	LAMONT	93241	(661) 845-5100		✓		
COLLEGE COMMUNITY SERVICES	16940 HWY 14	MOJAVE	93501	(661) 824-5020	✓	✓		✓
COLLEGE COMMUNITY SERVICES	1400 N. NORMA ST	RIDGECREST	93555	(760) 499-7406	✓	✓		✓
COLLEGE COMMUNITY SERVICES	1021 4TH ST	TAFT	93268	(661) 765-7025	✓	✓		✓
COLLEGE COMMUNITY SERVICES	113 EAST F ST	TEHACHAPI	93561	(661) 822-8223	✓	✓		✓
COLLEGE COMMUNITY SERVICES	29325 KIMBERLINA RD	WASCO	93280	(661) 758-4029		✓		
KCMH WEST KERN TEAM	928 F ST	WASCO	93280	(661) 758-7300				✓
WASCO ADULT SERVICES	930 F ST	WASCO	93280	(661) 758-7300	✓			